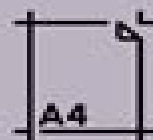


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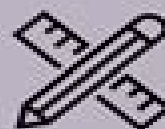
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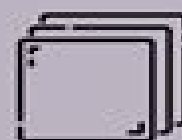
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Shading technique

Equipment Selection: Choose the appropriate shading tool or needle configuration based on desired effect and the area being shaded. Options may include round or fan shading needles or shading pens. Ensure that the equipment is sterile and in optimal condition before use.

Pigment Selection: Select pigment shades that complement the client's skin tone and desired outcome. Consider factors such as undertones and the desired level of intensity. Use pigments to achieve the desired color and consistency, ensuring they are hypoallergenic and of high quality.

Technique: The shading technique involves creating a soft gradient of color by depositing pigment in a controlled manner. Start with light pressure and gradually increase it to achieve the desired depth. Use a combination of circular or back-and-forth motions, depending on the area being shaded.

Layering: Gradually build up the color by layering the pigment. Begin with a light tone and increase the saturation before adding additional layers. This technique allows for control over the shading intensity and prevents excessive saturation.

Transition and Blending: Pay attention to creating smooth transitions between areas of different shades. Blend the edges of the shaded area with the surrounding skin to create a seamless and natural-looking result. Use appropriate blending techniques such as feathering or stippling to achieve soft transitions.



Combined technique - main color + darker color

Scheme 1
first pass
(light shading)



Scheme 2
second pass
(darker shading)



Scheme 3
third pass
(dark color)



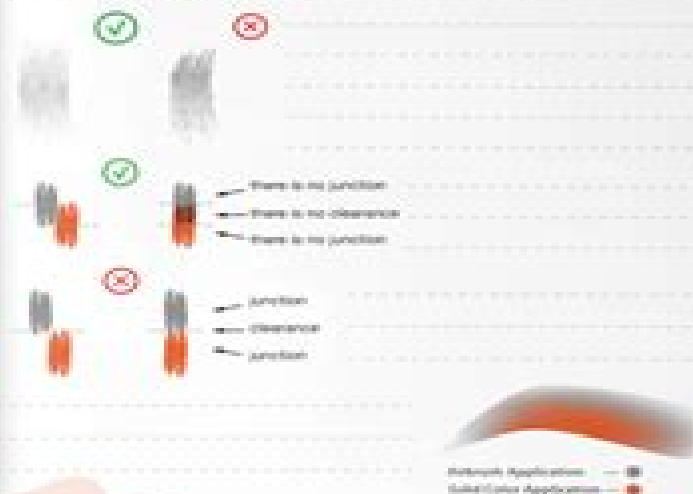
Pigment implantation into the skin

The optimal needle depth varies depending on the treated area and skin type. As a general guideline, the needle depth for the eyebrow area is usually between 0.5mm to 1.0mm, while for lips it ranges from 0.5mm to 1.0mm. Adjust the depth according to the client's skin characteristics and desired effect.

Apply consistent pressure while implanting the pigment, but avoid excessive force that could cause trauma to the skin. The speed of the hand movement should be controlled and deliberate for precise pigment deposit.

Gently stretch the skin in the treatment area to create a smooth and taut surface for accurate pigment placement. Use your non-dominant hand to anchor and stabilize the skin while performing the procedure. Avoid overstretching, as it can distort the natural shape and contours.

Achieving proper pigment saturation is essential for long-lasting results. As a general rule, the pigment should be deposited evenly into the upper dermis layer without overloading the skin. Too shallow implantation may result in premature fading, while excessive pigment deposit may lead to an unnatural appearance.



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E. J. Mayeaux



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Permanent Makeup Lasting Impressions, 2003-01-01 **Aesthetic Procedures: Nurse Practitioner's Guide to Cosmetic Dermatology** Beth Haney, 2024-05-20 This second edition is a resource that offers guidance to advanced practice providers who are experienced or novice aesthetic practitioners and would like to improve their aesthetic practice and enhance patient safety and satisfaction This new book reviews skin structure and anatomy what happens as facial structures age the effects of aging coupled with environmental exposures pharmacology of medications used in aesthetics light based device properties patient selection danger zones complications new treatments and benefits of treatments In addition it includes suggestions on how to communicate with patients to achieve successful outcomes Aesthetic Procedures Nurse Practitioner's Guide to Cosmetic Dermatology provides practitioners a one source resource to attain more in depth learning about cosmetic dermatology Although there are several texts on individual aspects of aesthetic medicine there is no all inclusive book for advanced practice providers This book also affords the primary care practitioner the opportunity to add minimally invasive cosmetic dermatology procedures to their practice and perform the treatments safely efficiently and effectively while avoiding common mistakes and minimizing complication risks Education and hands on practice and training are paramount in creating a safe patient environment and as more clinicians turn to aesthetics to augment their practice this book will be a valuable resource for practitioners all over the world **The DERMA doctor Skinstruction Manual** Audrey Kunin, M.D., 2007-11-01 The DERMA doctor is in and she's here to give an informed friendly and practical answer to every skin care question you've ever asked Written by board certified dermatologist Audrey Kunin M D The DERMA doctor Skinstruction Manual is a hands on comprehensive guidebook to maintaining healthy beautiful skin and looking great at any age The DERMA doctor Skinstruction Manual goes beyond any other book on skin care you've ever read In her trademark warm and witty tone Dr Kunin frankly discusses the skin conditions we've all had questions about including enlarged pores rashes discoloration and more serious concerns like skin cancer and provides straightforward explanations about why and how they affect us all But Dr Kunin doesn't just explain the problem she gives unique and useful advice for preventing skin problems before they happen and repairing or reversing them when they do From head to toe this book is your indispensable guide to Glowing beautiful skin If you suffer from acne oily skin rosacea or melasma there are clear cut steps you can take immediately to repair and rejuvenate your skin for good A fresh and youthful appearance Chapters on sun damage stretch marks cellulite and more address the clichés we've all heard and the treatments we've all tried and offer innovative practical

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Cosmetic Tattoo Permanent Makeup Micro-Pigmentation Training Manual. Robyna Smith-Keys,2015-07-20 This Cosmetic Tattooing Permanent Makeup Micro pigmentation Training Manual contains everything you will require to enter the field of becoming a permanent makeup technician There are all the modules required by The Australian Standards and International Micro pigmentation Standards You would be well advised to read the index pages of the book as there are far too many modules contained in the book to be named here After 40 years of training others Robyna has now retired All her handwritten notes have been compiled and placed into training manuals Robyna asked her students to assist with the book and tell her what they needed The book was given a trial run several times to see if students could work through the book and use it as a reference and how to guide With their input the book was revised twenty times before it was released for sale Robyna first produced the book called Cosmetic Tattooist Micropigmentation Training Manual in 2007 Without hesitation we recommend this book to both professional tattooist and students You would be well advised to have this book in their collection Robyna was proud to be chosen to sit on the committee to rewrite the Australian Standards in the Early 1990s and again in 2007 2010 for the Hair Health and Beauty industry To add to her credits Robyna has been presented with several industry awards This book was published as a PDF on CD in 2010 and has since been revised This is Volume 6 which includes Micro needling **Manual of Aesthetic Surgery 1** Werner Mang,2013-04-17 Aesthetic surgery is an interdisciplinary

specialty Its members are recruited from the fields of surgery gynecology orthopedics otolaryngology ENT maxillofacial surgery plastic surgery ophthalmology and dermatology In most cases they are specialists who have become interested in practicing aesthetic surgery after completing their specialist training Aesthetic surgery is not synonymous with plastic surgery During their training in aesthetic surgery aspiring aesthetic surgeons have to learn special surgical techniques which are unfortunately not adequately described in the postgraduate training catalogues This manual has been prepared as an audiovisual medium It presents the most important standard operations in the field of aesthetic surgery in a clearly understandable style We hope that the manual will help young surgeons to learn the techniques of aesthetic surgery an equally important to avoid mistakes and complications The Manual is primarily aimed at specialists in aesthetic surgery However it is also suitable for physicians who become interested in aesthetic surgery after finishing medical school who would like to find out about the field and for the natural target group of physicians who want to learn the techniques of aesthetic surgery after completing their specialist training

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Mayeaux, Jr., Peter H. Seidenberg, Paul Bornemann, 2025-06-09 With step by step highly illustrated instructions for 136 of the most commonly performed outpatient procedures Mayeaux's Essential Guide to Primary Care Procedures 3rd Edition is your go to guide to the vast majority of procedures performed in everyday practice From the basic cerumen removal and simple

interrupted sutures to the complex colonoscopy and chest tube placement Drs E J Mayeaux Jr Peter H Seidenberg and Paul H Bornemann along with dozens of expert contributing authors cover every aspect of what you need to know including indications contraindications pearls and pitfalls and more Whether it s your first time or you need a refresher this is the book you want in the room with you when performing these procedures **eyebrow Microblading** Testi Creativi,2024-07-31

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Design manual United States. Naval Facilities Engineering Command,1974

Permanent Makeup Pamela Hill,2006 *Permanent Makeup Tips and Techniques* focuses on the newest techniques and the latest trends in permanent makeup that will give the reader a strong foundation and vital knowledge about this growing industry Permanent makeup while being one the hottest procedures in the aesthetics industry today is also one of the most technique sensitive There is high demand for good permanent makeup artists in plastic surgeon s offices cosmetic dermatologist s offices and spas This text is designed to fully prepare the reader with comprehensive information allowing them to move successfully into this exciting profession All of the latest information regarding FDA and state laws and current studies is included The reader is also introduced to the anatomy and physiology and how it relates to permanent makeup and exercises are included to help reinforce the information There is also a section on tools and how they relate to the procedures as well as information on inks and their different pigments organic and inorganic pigments and the various results achieved With photos included to help illustrate the techniques this book is an absolute necessity for the permanent makeup professional

Technical Manual United States Department of the Army,1976

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