
PALS EXAM TEST 2024-2025

Which pulses should be assessed to monitor systemic perfusion in a child? - ANSWER peripheral and central

What should the first rescuer arriving on the scene of an unresponsive infant or child do? (in order) - ANSWER 1. verify scene safety

2. check for responsiveness

3. shout for help

4. activate the emergency response system

Why may excessive ventilation during CPR be harmful? -

ANSWER - it increases intrathoracic pressure

- it impedes venous return

If you cannot achieve effective ventilation (ie, the chest does not rise), do the following: - ANSWER - reposition/reopen the airway (sniffing position)

- verify mask size and ensure a tight face-mask seal

- suction the airway if needed

- check the O2 source

- check the ventilation bag and mask

- treat gastric inflation (NG/OG)

- consider 2-person bag-mask ventilation and inserting an OPA

Ventilation rate - ANSWER 1 breath every 2-3 seconds delivered over 1 second (20-30 breaths per minute)

Early signs of tissue hypoxia - ANSWER - tachypnea

- increased respiratory effort (nasal flaring, retractions)

- tachycardia

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