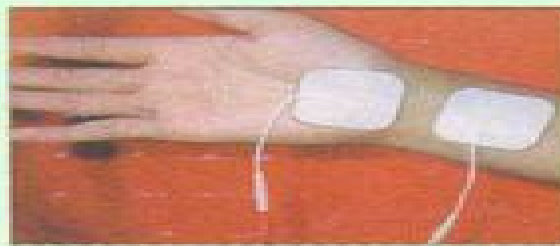




**HANDS**



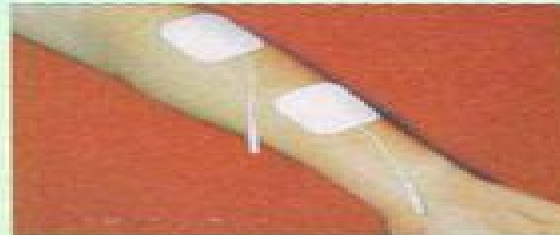
**CARPAL TUNNEL**



**WRIST**



**FINGERS**



**ARM**



**TENNIS ELBOW**



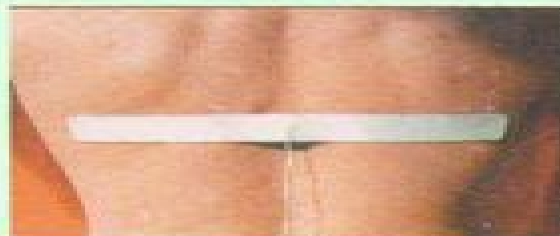
**BACK**



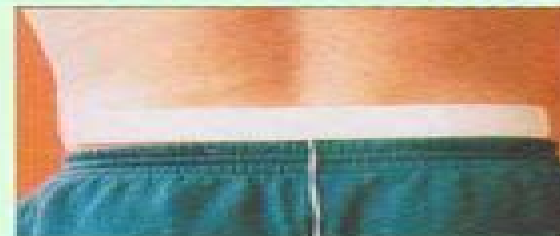
**LOWER BACK/HIPS**



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# Pain Pads Manual Guide

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