

## Feeding and Swallowing Problems Can Be a Parent's Greatest Concern

### Subtle Indicators of Dysphagia

- Difficulty sucking
- Fatigue with feedings
- Lengthy feedings
- Food or liquid refusal
- Spitting-up or vomiting frequently
- Liquid/food coming out of nose

### Strong Indicators of Dysphagia

- Parent/caregiver concern
- Difficulty coordinating swallowing with respiration
- Congestion during and/or after feedings
- Color or state changes during feeding
- Frequent or lengthy colds and congestion
- Weight loss or failure to thrive
- Choking, coughing, sneezing or gagging during meals

### Thickening Liquids

When recommending the use of rice cereal to thicken formula, try pre-blending the cereal before adding to the formula. This should eliminate the tendency to cut holes in bottle nipples. Cutting holes in nipples can increase aspiration risks and interfere with typical oral motor development needed for later feeding and speech skills.



### Gastroesophageal Reflux

Clinical diagnosis of reflux may be difficult because some children reflux internally and show no obvious indicators. In addition to medical complications, reflux can interfere with typical feeding development. Oral sensori-motor complications seen in children with reflux may also include refusal to eat, difficulty transitioning to textured foods, swallowing food whole or oral sensitivities. Children with reflux are frequently described as "picky" eaters and need feeding therapy to facilitate normal development and reduce additional complications.

Children just don't  
"outgrow it"



### Red Flags

- Decreased oral exploration
- Oral sensitivities
- Refusal to advance textures
- Swallowing foods whole
- "Chewing" with lips closed
- Identifiable food found on diaper/spit up



Early  
identification  
and Treatment  
can:

- Reduce time in therapy
- Reduce costs
- Reduce additional complications
- Decrease family stress
- Decrease behavioral component
- Reduce the potential for additional costly medical procedures

### Typical Development

Ages	What They Should Be Eating	Oral Motor Development
0-4 mos.	Breast or bottle exclusively	Rooting reflex, rhythmical sucking (1-2 sucks per swallow). Easy breathing. No choking.
4-6 mos.	Cereal Stage 1 baby foods	Opens mouth for spoon. Spoon placed easily in mouth. Emerging top lip to clear spoon.
6-8 mos.	Teething biscuits Dissolvable soft crackers	Emerging tongue lateralization for "munching" soft textures.
9-12 mos.	Soft finger foods Beginning cup drinking	Lateral tongue movement for chewing with lips open. Does not gag on textured purees.
12-18 mos.	Experimenting with variety of textures and tastes	Drinks well from open cup. Bites through soft solids. Able to chew easy solids.
By 18 mos.	Most table foods	Rotary jaw movements with chewing. No gagging or choking.
24 mos.	Most table foods	Holds cup between lips. No gagging or choking with meals. Tolerates most foods.

### Sensori-Motor Activities

- Provide floor and tummy play for babies and children
- Encourage babies and children to mouth safe toys/objects
- Experiment with age appropriate food textures
- Have the child finger paint with yogurt or pudding
- Have the child get messy during mealtimes

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# Pediatric Dysphagia Information Guide

**J. Scott McMurray, Matthew R.  
Hoffman, Maia N. Braden**



## **Pediatric Dysphagia Information Guide:**

**Pediatric Dysphagia Resource Guide** Kelly Dailey Hall, 2001 This guide presents up to date pertinent information on pediatric dysphagia condensed into an accessible guide for speech language pathologists working with children with swallowing disorders It covers information regarding normal aspects of neurodevelopment oral motor feeding skills and anatomy physiology of swallowing Case studies charts graph indexes and reproducible forms are especially helpful for the new speech language pathology graduate Pediatric Dysphagia Jay Paul Willging, Claire Kane Miller, Aliza P. Cohen, 2019-12-09 Pediatric Dysphagia Etiologies Diagnosis and Management is a comprehensive professional reference on the topic of pediatric feeding and swallowing disorders Given that these disorders derive from abnormalities in the function and or structure of the airway and digestive systems multiple clinical specialists may be involved in the evaluation and management of affected children at any given point in time Therefore this text includes significant contributions from a wide range of experts in pediatric dysphagia including all members of the Interdisciplinary Feeding Team at Cincinnati Children's Medical Center These experts present an in depth description of their roles in the diagnosis and management of dysphagic children providing the reader with an understanding of why a multidisciplinary model of care is key to the optimization of outcomes Pediatric Dysphagia is divided into five parts In Part I readers are provided with an overview of the embryologic development of aerodigestive structures that relate to swallowing an introduction to neural organization related to swallowing function and physiologic aspects of swallowing a synopsis of oral motor development a discussion of the various etiologic categories of feeding and swallowing disorders and an overview of genetic disorders associated with feeding and swallowing issues Part II covers the clinical and instrumental assessment of patients including the interdisciplinary feeding team infrastructure and function the roles of individual members of the feeding team the specific diagnostic tests commonly used in the assessment of feeding and swallowing issues the classification of neonatal intensive care units and the assessment and management of feeding and swallowing issues encountered in the neonatal intensive care unit Part III focuses on the management of pediatric dysphagia covering a wide range of treatment strategies and interventions for children with various categories of feeding disorders Part IV includes an introduction to the concept of evidence based practice and the application of evidence based strategies in the management of dysphagia Part V presents a brief overview of the role of ethics in healthcare and ethical considerations in the treatment of dysphagic children In summary the overall aim of this comprehensive text is to provide all pediatric professionals involved in the care of dysphagic patients with a basic understanding of the complexity of this disorder the anatomic neurologic and physiologic components involved in this disorder an overview of the diverse population of children who suffer with this disorder and with a wide range of management approaches based on patient needs and capabilities The authors also address clinical problem solving and decision making inspiring readers to develop multidisciplinary models of care at their own institutions *Manual of*

*Pediatric Nutrition*, 1997-10-01 This revised 3rd edition of the Twin Cities District Dietetic Association TCDDA Manual of Pediatric Nutrition is the result of a cooperative effort on the part of the pediatric dietitians from the major children's hospitals pediatric units and public health agencies serving children in the Minneapolis St Paul metropolitan area This joint effort was undertaken with the belief that a single manual written by dietitians with experience and expertise in various areas of pediatrics would promote continuity in the nutritional care of the pediatric population in the Twin Cities Topics include General Nutrition Nutrition Assessment Consistency Modifications Diabetes Weight Management Nutrition for Children with Special Health Care Needs and many more Handbook of Pediatric Nutrition Patricia Queen Samour, Kathy King (RD.), 2005 Handbook of Pediatric Nutrition Third Edition provides cutting edge research and resources on the most important pediatric issues and therapies such as prenatal nutrition weight management vegetarian diets diabetes guidelines and transplant nutrition concerns Commonly used by dietetic practitioners studying for their Pediatric Specialty exams registered dietitians dietetic technicians nutritionists pediatricians nurses and dietetic students this book is considered the last word in pediatric nutrition **Handbook of Pediatric Otolaryngology** Nina L. Shapiro, 2012 The Handbook of Pediatric Otolaryngology will provide the most up to date information on the clinical management of children with otolaryngologic disorders It is ideal for medical students house officers and practicing physicians Systems based sections include information which is applicable in the clinic operating room and hospital settings Chapters are written by experts in the fields of pediatric otolaryngology anesthesiology surgery and audiology It is an invaluable guide in that it covers the basics of the specialty while also including more advanced issues such as EXIT procedures medico legal controversies and evidence based medicine in pediatric otolaryngology While it is a subspecialty text it is written in a manner that is accessible to those at all levels of medical training *Treatment Resource Manual for Speech-Language Pathology, Sixth Edition* Froma P. Roth, Colleen K. Worthington, 2019-10-22 The thoroughly revised Sixth Edition of the best selling Treatment Resource Manual for Speech Language Pathology remains an ideal textbook for clinical methods courses in speech language pathology as well as for students entering their clinical practicum or preparing for certification and licensure It is also a beloved go to resource for practicing clinicians who need a thorough guide to effective intervention approaches strategies This detailed evidence based book includes complete coverage of common disorder characteristics treatment approaches information on reporting techniques and patient profiles across a wide range of child and adult client populations The text is divided into two sections The first part is focused on preparing for effective intervention and the second part the bulk of the book is devoted to therapy strategies for specific disorders Each of these chapters features a brief description of the disorder case examples specific suggestions for the selection of therapy targets and sample therapy activities Each chapter concludes with a set of helpful hints on intervention and a selected list of available therapy materials and resources New to the Sixth Edition A new chapter on Contemporary Issues including critical thinking telepractice simulation technologies and coding

and reimbursement New tables on skill development in gesture feeding and vision New information on therapist effects therapeutic alliance Coverage of emerging techniques for voice disorders and transgender clients Expanded information on Childhood Apraxia of Speech Cochlear Implants Cultural and Linguistic Diversity Interprofessional Practice Shared Book Reading Traumatic Brain Injury Treatment Dosage Intensity Vocabulary Development Key Features Bolded key terms with an end of book glossary A multitude of case examples reference tables charts figures and reproducible forms Lists of Additional Resources in each chapter Disclaimer Please note that ancillary content such as documents audio and video etc may not be included as published in the original print version of this book      *Manual of Pediatric Nutrition, 5e* Kendrin

Sonneville, Christopher Duggan, 2013-11-29 Our understanding of children's nutritional and dietary requirements and of the prevention and treatment of childhood illnesses has grown exponentially as has the research supporting an evidence based approach in nutrition and dietetics So too has the      *Manual of Pediatric Nutrition, 5th Edition* Kendrin

Sonneville, Christopher P. Duggan, 2013-12-30 Organized into three main sections I Nutrition and the Well Child II Nutrition and the Hospitalized Child and III Nutrition and Specific Disease States the manual covers the basics of nutrition assessment nutritional requirements and feeding guidelines for healthier infants children and adolescents Oral health and food

assistance programs are also reviewed along with the use of specialized enteral and parenteral products in the treatment of sick children A wide range of pediatric clinical disorders are included in the section on specific diseases      **Simplified Diet**

**Manual** Andrea K. Maher, 2012-01-17 Hospitals and long term care facilities in every state and many foreign countries use the Simplified Diet Manual to assist them in planning nutritious appealing and cost effective meals that are modified to meet the dietary requirements of individuals with special health needs While reflecting the dynamic nature of the field of nutrition the Eleventh Edition of the Simplified Diet Manual retains its basic purpose providing consistency among diet terminology in a simplified manner for the prescription and interpretation of diets or nutrition plans The concise user friendly format of this resource helps dietitians and foodservice managers succeed in their vital role in maintaining nutritional health and well being of clients in long term care facilities hospitals and outpatient service centers Revisions and additions to the Eleventh Edition of the Simplified Diet Manual include Update of the Guidelines for Diet Planning based on Dietary Guidelines for Americans 2010 Inclusion of updated Study Guide Questions at the end of each chapter for training foodservice employees in health care facilities that are served by a registered dietitian or dietary consultant Inclusion of online patient education handouts that coordinate with selected therapeutic diets in the manual Revision of FOOD FOR THE DAY tables using wider variety of culturally diverse foods Addition of the Mechanical Soft and Pureed Diets Addition of the Small Portion Diet Revision of the Fat Restricted Diets Addition of the DASH Diet Revision of the Diets for Kidney and Liver Disease to include potassium and phosphorus food lists and a section on Guidelines for Liver Disease Addition of the Kosher Diet Inclusion of Choose Your Foods Exchange Lists for Diabetes 2008 American Dietetic Association American Diabetes Association      **Manual of**

**Pediatric Cardiac Care** Talât Mesud Yelbuz, Mohammed Abdullah Bin-Moallim, Wael Jasim Mohamed Husain, Yousif Saleh Alakeel, Mohamed Salim Kabbani, Abdullah Ali Alghamdi, 2024-07-29 This two volume manual covers the most relevant protocols in pediatric cardiac care to serve as a practical guide that matches and reflects the high level of accumulated knowledge and expertise in this clinical field It includes 179 chapters and offers comprehensive precise and up to date practical tips with specific care protocols to provide the most efficient strategies for high quality care in patients with congenital heart disease CHD This book simplifies learning with many tables flowcharts graphs and algorithms for easy access and fast action Volume I covers many key sections such as prenatal morphogenesis and physiology of the human heart fetal cardiology neonates and congenital heart disease cardiac imaging pediatric cardiac catheterization pediatric cardiac electrophysiology critical events and emergency procedures in pediatric cardiac care management of specific cardiac conditions general pediatric and subspecialty issues related to children with CHD follow up standards in pediatric outpatient cardiology clinic prophylaxis in children with CHD quality aspects professional conduct and training in pediatric cardiac care This manual is a must have resource for pediatricians neonatologists clinical pharmacy specialists pediatric intensive care physicians pediatric cardiologists pediatric cardiac intensive care physicians pediatric cardiac surgeons and or surgeons interested in pediatric cardiac surgery

**Pediatric Disorders: Practical Imaging Guidelines and Recommendations, An Issue of Radiologic Clinics of North America, E-Book** Edward Y. Lee, 2021-11-30 In this issue of Radiologic Clinics guest editor Edward Y Lee brings his considerable expertise to the topic of Imaging Guidelines and Recommendations for Pediatric Disorders Provides in depth clinical reviews on the latest updates on Imaging Guidelines and Recommendations for Pediatric Disorders providing actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create these timely topic based reviews

**The Great Ormond Street Hospital Manual of Children's Nursing Practices** Susan Macqueen, Elizabeth Bruce, Faith Gibson, 2012-06-18 Clinical skills are a fundamental aspect of nursing care of children and young people The Great Ormond Street Hospital Manual of Children's Nursing Practices is an evidence based manual of practical skills in children's nursing which builds on the extensive expertise developed at Great Ormond Street Hospital It encompasses all aspects of children's nursing from the most basic aspects of everyday practice to advanced practice in high dependency and intensive care to provide a comprehensive resource for all qualified nurses students and other health care professionals involved in caring for children both in the hospital and the community setting Children's and young people's nursing presents unique challenges The Great Ormond Street Hospital Manual utilises the latest clinical research and expert clinical knowledge to address these challenges and provides the underlying theory and evidence for nursing care of children It provides a definitive guide to clinical skills procedures in children's and young people's nursing which enables nurses working with children and young people to practice confidently and deliver clinically effective

family centred care Key features Offers access to clinical procedures developed through the extensive expertise from Great Ormond Street Hospital Contains evidence based recommendations for expert care Encompasses all aspects of children s care Contains procedures guidelines students can rely on and effectively use in practice following qualification Highlights specific needs of neonates and adolescents Placed in the context of inter disciplinary care of the child Includes the rationale for each procedure the why as well as how Information presented in a similar way to The Royal Marsden Manual of Clinical Nursing Procedures offering continuity to those working in both adult and paediatric settings This title is also available as a mobile App from MedHand Mobile Libraries Buy it now from iTunes or the MedHand Store      **Oxford Textbook of**

**Palliative Care for Children** Richard Hain,Ann Goldman,Adam Rapoport,Michelle Meiring,2021 Comprehensive in scope exhaustive in detail and definitive in authority this third edition has been thoroughly updated to cover new practices current epidemiological data and the evolving models that support the delivery of palliative medicine to children This book is an essential resource for anyone who works with children worldwide      **Pediatric Otolaryngology for the Clinician** Ron B. Mitchell,Kevin D. Pereira,2009-06-17 Over the last 20 years pediatric otolaryngology has become a recognized subspecialty within otolaryngology head and neck surgery Organizing the growth of clinical practice and knowledge in this area now is Pediatric Otolaryngology for the Clinician a user friendly resource for practicing general otolaryngologists pediatricians and family practice physicians This important title is divided into five sections general ENT topics otology rhinology head and neck disorders and emergencies Each chapter is authored by a recognized expert in the field and is concise and highly informative Designed as a quick reference guide on a variety of topics such as antibiotic treatment of ear infections sleep disorders in children cochlear implantation and airway management to name just several the book serves as a comprehensive yet succinct guide to caring for children with ear nose and throat problems and will stand as an invaluable resource for any busy pediatric clinic      **Pediatric Life Care Planning and Case Management** Susan Riddick-Grisham,Laura

Deming,2004-06-22 The life care plan is a dynamic document that provides an organized plan for the current and future needs of individuals with chronic health care needs It can serve as a roadmap for the families caregivers therapists physicians and others involved with the ongoing care of a special needs child Pediatric Life Care Planning and Case Mana      *Nutrition Counseling and Education Skills: A Guide for Professionals* Betsy B. Holli,Judith A. Beto,2020-06-17 Now in vibrant full color this updated Seventh Edition of Holli s best selling Nutrition Counseling and Education Skills A Guide for Professionals helps students develop the communications counseling interviewing motivational and professional skills they ll need as Registered Dietitian professionals Throughout the book the authors focus on effective nutrition interventions evidence based theories and models clinical nutrition principles and knowledge of behavioral science and educational approaches Packed with activities case studies and self assessment questions the Seventh Edition features new content that reflects the latest changes in the field new online videos that bring nutrition counseling techniques to life and a powerful

array of new and enhanced in text and online learning tools      *Pediatric Swallowing and Feeding* Joan C. Arvedson, Linda Brodsky, Maureen A. Lefton-Greif, 2019-07-26 *Pediatric Swallowing and Feeding Assessment and Management Third Edition* provides information to practitioners interested in and involved with children who demonstrate swallowing and feeding disorders Since the 2002 publication of the second edition there has been an exponential increase in the number of medically fragile and complex children with swallowing feeding disorders A corresponding proliferation in the related basic and clinical research has resulted in the increased appreciation of the complicated inter relationships between structures and systems that contribute to swallowing feeding development function and disorders Case studies throughout the book provide examples for decision making and highlight salient points New to the Third Edition Maureen A Lefton Greif PhD CCC SLP BCS S is welcomed as co editor She brings extensive research expertise and clinical practice in pediatric dysphagia and feeding All chapters contain significant updated evidence based research and clinical information New chapters focus on the genetic testing and conditions associated with swallowing and feeding disorders and the pulmonary manifestations and management of aspiration World Health Organization WHO description of an International Classification of Functioning Disability and Health ICF sets the stage for an in depth discussion of clinical feeding evaluation procedures interpretation and management decision making *Pediatric Swallowing and Feeding* continues to be the leading text on pediatric dysphagia that provides practical information for clinicians seeing children with swallowing and feeding disorders The overall importance of an appropriate fund of knowledge and shared experience employing team approaches is emphasized throughout this third edition as in the earlier editions of this book From the Foreword The Editors have recognized the advances and changes in the understanding in the information now available for the care of pediatric swallowing and feeding challenges They have recruited an outstanding group of contributors for this newest edition There are numerous critically important updates and additions in the third edition They have included World Health Organizations International Classification of Functioning Disability and Health is the functional basis in all areas of the book This text has its importance as there has been an increased number of children with complex medical and healthcare conditions which are risk for feeding and swallowing disorders This edition stresses the need for team approaches and also documents the use of virtual teams *Pediatric Swallowing and Feeding Assessment and Management Third Edition* is the fundamental holistic source for all healthcare providers providing the care for swallowing and feeding in children This book will be utilized by all caring for children with feeding and swallowing problems throughout the world The previous editions have been and now this updated third edition continues to be the standard source for the information concerning diagnosis and care of these children Robert J Ruben MD FAAP FACS Distinguished University Professor Departments of Otorhinolaryngology Head and Neck Surgery and Pediatrics Albert Einstein College of Medicine Montefiore Medical Center Bronx New York      **Multidisciplinary Management of Pediatric Voice and Swallowing Disorders** J. Scott McMurray, Matthew R. Hoffman, Maia N.



Braden,2019-11-16 This text provides a comprehensive review of the assessment and management of pediatric voice and swallow disorders from the perspectives of both the pediatric laryngologist as well as the speech language pathologist whose collaboration is critical to effective clinical care All chapters are written by experts in dual fields and formatted to present a straightforward approach to diagnosing and managing each disorder including descriptions of relevant operative interventions Multiple intraoperative photographs and illustrations depicting how to perform each surgical procedure are also included Multidisciplinary Management of Pediatric Voice and Swallowing Disorders will serve as a useful step by step guide and resource not only for otolaryngologists and speech language pathologists but all members of the pediatric aerodigestive team and other providers caring for children affected by voice and swallowing disorders Nobody Ever Told Me (or My Mother) That! Diane Bahr,2010 Advice on feeding and exercises to assist the development of babies mouth and facial muscles to ensure language development good mouth structure and movement Canadian Clinical Nursing Skills and Techniques E-Book Shelley Cobbett,Anne G. Perry,Patricia A. Potter,Wendy R. Ostendorf,2019-05-21 NEW Fully revised for a Canadian classroom includes Canadian statistics references and resources protocols documentation standards delegation rules Canadian nursing best practice guidelines metric measurements and more NEW All topics skills and sample documentation conform to Canadian provincial and territorial scopes of practice and Canadian standards in nursing practice NEW Inclusion of Canadian concepts Person Centred Care Evidence Informed Practice Interprofessional Collaboration and Delegation and Care in the Community NEW Greater emphasis on cultural assessment considerations and caring for Indigenous and vulnerable populations NEW Thoroughly revised chapters reflect Canadian practice and guidelines including Emergency Preparedness and Disaster Management Palliative Care Cardiac Care Vascular Access and Infusion Therapy Oral Nutrition and Prevention of Skin Breakdown and Wound Care NEW Enhanced and updated art program includes 70 new figures

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